

# ICOY TRAUMA INITIATIVES TEAM FY25 CHECKLIST

## Overview:

In partnership with IDHS, the Trauma Initiatives Team has put together a checklist to highlight this fiscal year's Trauma-Informed Care expectations for IDHS funded sites and organizations.

If you have any questions about any of the information below, please reach out to ICOY's Trauma Initiatives Team at [trauma\\_initiatives@icoyouth.org](mailto:trauma_initiatives@icoyouth.org). We wish you a year filled with success and joy!

## Requirements:

- Complete the Capacity Building Assessment Tool for Organizations (CBAT-O)**  
*(Assessment available starting October 1, 2024)*

IDHS has contracted with ICOY to assess, train, and work with the Department's youth services program providers to build trauma capacity. The Department's goal is to have 100% funded youth services providers achieving and maintaining a "Trauma-Informed" status. All IDHS funded sites are expected to participate in the CBAT-O trauma assessment, training opportunities, and suggested action plans, if determined necessary. Sites will not be penalized for their responses or the scores that result from the accuracy of the responses. **However, all IDHS sites are expected to have a minimum of 80% participation across all staff levels.** The expectation is for all sites to experience growth in their delivery of trauma-informed services.

- Attend a total of 5 Trauma-Informed Care Trainings; you may choose from any of the topics listed below:**

- The Impact of Trauma on Youth
- Vicarious Trauma
- Culture and Trauma
- Trauma-Informed Supervision for Supervisors
- Trauma-Informed Supervision for Supervisees
- Trauma-Informed Care 101
- Trauma-Informed De-Escalation
- Trauma + LGBTQIA2S+ Identity
- Resisting Re-Traumatization: Building Resilience and Collective Care in the Workplace
- Domestic Violence & Trauma
- Harm Reduction: A Framework for Substance Use Disorder and its Intersections with Social Justice Movements
- Building a Trauma-Informed Organization
- Community Trauma and Resiliency

**If you have any questions, including those pertaining to what trainings your organization should attend, please email:**

The ICOY Trauma Initiatives Team  
[trauma\\_initiatives@icoyouth.org](mailto:trauma_initiatives@icoyouth.org)



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Collaboration  
on Youth