

# FY25 CARES Trainings



Training Type	Attendee Capacity	ICOY Member Cost	General Public Cost
Virtual	100 attendees, anything over 100 will be subject to \$25, per person	\$560.00	\$800.00
In-Person	60 attendees, anything over 60 will be subject to \$25, per person	\$1,260.00	\$1,800.00

All trainings can be taken virtually OR in-person by members AND non-members. Each training is priced at 2 hours.

## Training Topics

[Click here to view each training's full description!](#)

- Building a Trauma-Informed Organization
- Community Trauma & Resiliency
- Complex Trauma & Human Trafficking
- Culture & Trauma
- Disenfranchised & Complex Grief
- Domestic Violence & Trauma
- Immigration & Trauma
- Organizational Values & Trauma Informed Care
- Resisting Re-Traumatization: Building Resilience and Collective Care in the Workplace
- Responding to Trauma After Community Violence
- Self Care After Trauma
- Social Emotional Consequences of Sexual Trauma
- Suicide Prevention
- The Impact of Trauma
- Trauma & Attachment
- Trauma-Informed Care 101
- Trauma-Informed Conflict Resolution in Teams
- Trauma-Informed De-Escalation
- Trauma-Informed Supervision for Supervisees
- Trauma-Informed Supervision for Supervisors
- Trauma + LGBTQIA2S+ Identity
- Vicarious Trauma
- Youth & Mental Health

# Training Fees



**Note: Member discounts will not be applied to training fees.**

## **Pre & Post Work Fee: \$500.00**

- Meetings, Logistics, & Coordination
  - 5 Meetings included in price (inquiry, contract walkthrough, and 3 planning meetings/training) **\*\*If more than 5 meetings, pricing subject to change**
  - 2 Walk throughs for content
- Follow-up emails
  - Resources Post Training
  - Training Evaluation
- Zoom Creation
  - Recording of virtual training
- Attendance Registration
- CEU's and COA's
  - Request must be submitted within 14days, post training.

## **Customization Fee: \$350.00**

- Customization Fee includes customizing our deck, specific to your organization, and ensuring content is relevant to your audience
- Includes customized resources post training

## **New Content Fee: \$800.00**

- This fee will be applied if the training topics listed above are not chosen, therefore necessitating the creation of new content tailored to your organization's needs.
  - *Includes up to 16 hours of content building work. Anything that exceeds 16 hours of work may be subject to pricing change.*

## **In-Person Travel & Lodging Costs: \$550.00 per ICOY staff member**

- This fee will be applied to any in-person event that requires overnight stay to complete services.
  - *If lodging requires more than a one night stay, prices subject to change*

# Capacity Building Services



Service	Description	ICOY Member Cost	General Public Cost
<b>Toolkits</b>	<i>Toolkit creation involves gathering resources for individuals to access a wide range of information and tools. This process includes compiling articles, videos, worksheets, tutorials, templates, and interactive features tailored to specific needs or topics. The goal is to provide a comprehensive, customizable, and up-to-date resource that enhances learning and productivity.</i>	\$175.00	\$250.00
<b>Office Hours (Virtual Only)</b>	<i>During our office hours, individuals will have the opportunity to address any topics, questions, or plans relevant to current work or experiences. These dedicated sessions are designed to support professional and personal endeavors, with a focus on: strategic initiatives, address inquiries, and brainstorm ideas to advance individual's journey towards becoming a trauma-informed individual/organization.</i>	\$175.00 + \$75/30 minute office hour (discount applied to base fee)	\$250.00 + \$75/30 minute office hour
<b>Workshops (In-Person Only)</b>	<i>Our workshops are designed to enhance organizational effectiveness and team cohesion. We offer a diverse range of workshops tailored to meet your specific needs, including:</i> <ul style="list-style-type: none"> <li><i>Team Building Exercises: These activities foster collaboration, trust, and a strong sense of culture among team members.</i></li> <li><i>Skill-Specific Training Sessions: Focused on developing and refining a specific skill for your team's needs.</i></li> </ul>	\$210.00 per facilitator, per hour (the new content fee will be applied to all workshops)	\$300.00 per facilitator, per hour (the new content fee will be applied to all workshops)

# Capacity Building Services (continued)



Service	Description	ICOY Member Cost	General Public Cost
<p><b>Learning Communities</b></p>	<p><i>Our learning communities offer a unique peer learning experience. The team will facilitate guided group discussions. This structured approach allows for meaningful peer-to-peer interaction and learning, fostering a collaborative environment where participants can share insights, experiences, and knowledge. Through this method, participants benefit from diverse perspectives and collective problem-solving, enhancing their overall understanding and skills.</i></p> <ul style="list-style-type: none"> <li><i>Two hour standard discussion, can be split into two, one hour sessions, or combined into one session.</i></li> <li><i>2 hours (can be made into two 1-hour sessions), 1 hour for discussion/in the field sharing, 1 hour for skill development (case studies, deep diving into model/framework implementation, etc.)</i></li> <li><i>Includes one 60-minute planning meeting, one 30-minute debrief, and 1 facilitator</i></li> </ul>	<p>\$490.00 (the pre and post work fee will be applied to all Learning Communities)</p>	<p>\$700.00 (the pre and post work fee will be applied to all Learning Communities)</p>
<p><b>Organizational Trauma Informed Care Consulting</b></p>	<p><i>Includes three 60-minute planning meetings, three 30-minute debriefs (1 month, 1 quarter, 1 year after implementation), and two staff surveys (1 before implementation, 1 after)</i></p> <ul style="list-style-type: none"> <li><i>One stand-alone price, pre &amp; post work doesn't apply</i></li> </ul>	<p>\$1,225.00</p>	<p>\$1,750.00</p>

# Capacity Building Services (continued)



Service	Description	ICOY Member Cost	General Public Cost
<p><b>Action Planning &amp; Resource Development</b></p>	<p><i>Action planning and resource development in trauma-informed care involves creating a strategic framework and compiling essential resources to effectively train organizations and service providers in understanding and addressing trauma. This process includes identifying key objectives, designing educational materials, and implementing/brainstorming training sessions that foster a trauma-sensitive lens.</i></p> <ul style="list-style-type: none"> <li><i>Examples of this can be a specialized safety plan, Trauma Informed Hiring Guide, Trauma Informed Supervision Guide, specialized de-escalation plan, etc.</i></li> <li><i>Three 60-minute meetings (introductory meeting, action planning/resource walkthrough, and implementation, debrief)</i></li> </ul>	<p>\$2,100.00</p>	<p>\$3,000.00</p>
<p><b>Conferences</b></p>	<p><i>Our conference style training package is designed to deliver multiple customized training sessions. This package includes:</i></p> <ul style="list-style-type: none"> <li><i>Creation and integration of relevant content tailored specifically to your conference objectives.</i></li> <li><i>Ensures the training is personalized to meet the unique needs and challenges of your organization.</i></li> <li><i>Collaborative sessions with your team to meticulously plan and align the training with your goals.</i></li> </ul> <p><i>Includes new content fee, customization fee, pre &amp; post work, 4 one hour planning meetings, 2 one-hour sessions with 2 facilitators per session</i></p>	<p>\$2,100.00</p>	<p>\$3,000.00</p>

# Capacity-Building Assessment Tool for Organizations (CBAT-O)



Service	Description	ICOY Member Cost	General Public Cost
CBAT-O	<p><i>The Capacity Building Assessment Tool for Organizations (CBAT-O) is an online assessment developed through a Substance Abuse and Mental Health Services Administration (SAMHSA) capacity building grant. It aims to assist organizations in implementing trauma-informed care. Administered by ICOY's Trauma Initiatives team, the assessment serves three main purposes:</i></p> <ul style="list-style-type: none"><li><i>• Help organizations assess their ability to provide trauma-informed services.</i></li><li><i>• Identify areas of strength in Trauma-Informed Care within organizations.</i></li><li><i>• Highlight areas for growth in Trauma-Informed Care.</i></li></ul> <p><i>The assessment can be administered across entire organizations or targeted at specific departments, locations, or teams. The entire process can span from 3 to 6 months, encompassing pre-planning, data gathering, data analysis, report generation, sharing of results, and implementation of recommendations.</i></p>	\$3,500.00	\$5,000.00

[Contact our CARES Team](#)

[Submit a Trauma-Informed Services Inquiry](#)

[Learn more about ICOY Membership](#)