ICOY TRAUMA INITIATIVES TEAM TEEN REACH FY25 CHECKLIST

Overview:

In partnership with IDHS, the Trauma Initiatives Team has put together a checklist to highlight this fiscal year's Trauma-Informed Care expectations for IDHS funded sites and organizations.

If you have any questions about any of the information below, please reach out to ICOY's Trauma Initiatives Team at <u>trauma_initiatives@icoyouth.org</u>. We wish you a year filled with success and joy!

<u>Requirements:</u>

Complete the Capacity Building Assessment Tool for Organizations (CBAT-O) (Assessment available starting October 1, 2024)

IDHS has contracted with ICOY to assess, train, and work with the Department's youth services program providers to build trauma capacity. The Department's goal is to have 100% funded youth services providers achieving and maintaining a "Trauma-Informed" status. All IDHS funded sites are expected to participate in the CBAT-O trauma assessment, training opportunities, and suggested action plans, if determined necessary. Sites will not be penalized for their responses or the scores that result from the accuracy of the responses. **However, all IDHS sites are expected to have a minimum of 80% participation across all staff levels.** The expectation is for all sites to experience growth in their delivery of trauma-informed services.

Attend a total of 4 Trauma-Informed Care Trainings; you may choose from any of the topics listed below:

- The Impact of Trauma on Youth
- Vicarious Trauma

- Culture and Trauma
- Trauma-Informed Supervision for Supervisors
- Trauma-Informed Supervision for Supervisees
- Trauma-Informed Care 101
- Trauma-Informed De-Escalation
- Trauma + LGBTQIA2S+ Identity

- Resisting Re-Traumatization: Building Resilience and Collective Care in the Workplace
- Domestic Violence & Trauma
- Harm Reduction: A Framework for Substance Use Disorder and its Intersections with Social Justice Movements
- Building a Trauma-Informed Organization
- Community Trauma and Resiliency

If you have any questions, including those pertaining to what trainings your organization should attend, please email:

The ICOY Trauma Initiatives Team trauma_initiatives@icoyouth.org





